

WATKINS

MIND BODY SPIRIT

THE 100 MOST SPIRITUALLY INFLUENTIAL LIVING PEOPLE IN 2018

INTERVIEW WITH

Rupert Sheldrake

JOHN MATTHEWS

ON ARTHURIAN MAGIC

ERICH VON DÄNIKEN

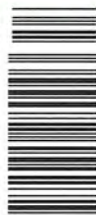
IMPOSSIBLE TRUTHS

LOCH KELLY

SHIFT INTO FREEDOM

James
Cowan

**WARRIORS
OF LOVE**





WHITE LION by S Rock/shutterstock.com

White Spirit Animals: Prophets of Change

by J. Zohara Meyerhoff Hieronimus, D.H.L.

When comet fragments hit the Earth some 12,500 years ago, the last ice age ended with massive flooding as stories worldwide recount. Earth Changes are an intimate part of planetary history.

As an animal communicator since childhood, I was awed by a waking day vision in 2013, when numerous White Spirit animals (white coated unlike their kin) arrived as a large group before me. "Why have you come to me, and what can I do for you?" I asked, feeling I was before revered teachers. "We want you to tell our story," they replied in unison. *White Spirit Animals: Prophets of Change* is that story.

During four years of telepathic communication using what is often

referred to as "shamanic dreaming", each animal in turn shared what they thought important. As an example, Lion maintains that closing the ozone hole and the hole in our hearts that keeps us from seeing the love we are connected by is essential. Bear urges us to heal with what grows from the earth, to bear children, to bear witness and to prepare for long periods of self-sufficiency. Elephant, like the Buddhists who honor them, teaches us about compassionate action and resolution without violence. The White Spirit Wolf, guardian of the threshold, protects the dead as well as the newborn, helping us to see life and death as a continuum. White Buffalo, sacred to the Lakota, teaches prayer and peace. In preparation, buffalo invigorate the soil and spirit.

These five extraordinary prophets

of the wild, all land mammals, all apex guardians of ecosystems world wide, are threatened with extinction.

THE PROPHECY

Until recent decades, indigenous stewards of White Lions, White Bears and White Buffalos, hid these animals' existence from outsiders. Tribal lore associates all of them, including the White Elephants and Wolves, with helping humanity survive calamitous times of the prior ice age, which their all-white coats are said to be reminders of. Prophecies claim that these prophets of change would return when Earth was preparing to cleanse herself again.

White Sprit animals are part of a larger ecology of spiritual beliefs, agricultural and ecosystem principles and astronomical correlations stretching



LEFT TOP: LIONESS WITH TWO CUBS, by Vladimir Wrange/shutterstock.com

LEFT BOTTOM: WHITE WOLF ALPHA FEMALE, courtesy of Yellowstone National Park Service

BELOW: MIRACLE MOON AND HER CALF SILVER SHIELD SPIRIT, courtesy of White Bison Association



back millions of years. Each is an epicenter of the location in which it exists. Each mammal and its White Spirit messenger is part of elder lore and as such is of mythological importance, giving these animals potency in every age in which they are encountered physically, dreamt of, or spoken about. They all share in being shamanic partners in ritual and healing and their human allies, who revere their presence, point to off-planet elders from Sirius, the Pleiades, Alcyon, and Lyra, as places some of the ancient teachers came from, who helped humanity survive past earth changes.

White Spirit Animals implore us to "Improve life around us," to which I add, "and the life within us." Hermetics tells us, "as within, so without." The inner life of each one of us, and the outer world

we create together, are interconnected and interdependent, making every life form and immaterial impulse part of a fundamental unity.

THE SIGNS OF CHANGE

According to the World Wildlife Fund's 2014 Living Planet Report, Earth's wild vertebrate population of mammals, birds, reptiles, amphibians, and fish, declined by 52 percent between 1970 and 2010. Now in what is called the 6th extinction, and what the Maya call the *flowering of the sixth sun*, we are losing 27,000 species a year. At this accelerated rate of ecosystem collapse, it is estimated that 50% of earth species will be extinct in 30 years. "How can we save more life on earth?" I asked our animal elders. They emphasize protecting the apex animals of each eco-system. This is

one sound method for preserving entire life hierarchies in each locale on land and sea. This is the message of the White Spirit Animals and their kin: "Save as many of us as you can."

For despite humans calling the Bear, Lion, and Wolf predatory in attempting to justify the killing of them, or deeming it a human entitlement to commit animalcide of entire herds of Elephants by hacking off their tusks and limbs in illegal trafficking, or penning up wild Buffalo to exploit as fast burger food, the Earth depends on her animal stewards to keep nature intact. Bolstering their populations in the wild is a key strategy to fostering earth resilience and sustainability in the decades to come. Without them all, profound decimation of ecosystems and an even more rapid die-off of species will occur.

Why is the reality of accelerated species extinction not of concern to everyone? Were we to lose a football league one week, the soccer league the

WHITE ELEPHANT BATHING
IN MYANMAR, BURMA, by
Ekapong/ shutterstock.com



“May peace be our name and plenty
our gift, coming home together.” ZMH

following, the baseball and basketball leagues after that, the entire world would be in uproar.

TEACHINGS FROM THE PROPHETS OF CHANGE

The White Spirit Bear, Lion, Elephant, Buffalo, Wolf and their species are all matriarchal societies. The mother and her offspring are the centre around which the entire culture revolves in solidarity. This ethos of care has been lost among humans – and now these great mammals urge us to restore it.

CPR, that’s what wolf revealed as our task at hand: conservation, preservation and restoration. From soil mineralization to perennial woods revitalization, we have the solutions we need, both physically and spiritually, to help rebalance the earth and ourselves.

At the end of my four-year odyssey as an ambassador for Earth’s great mammalian traditions, I dreamt I was standing beside a single majestic male

buffalo. He was a cherished elder friend, a tribal Chief representing the 60 million great Buffalo that once grazed on the North American continent as preserver, nurturer, and life-giver. We were on a mountaintop plateau, overlooking an entire cosmopolitan city, where their range used to be. Standing together with such a broad-scale view he shared that, “When any one of us, human, animal, plant, or mineral, fulfills our purpose on Earth, we experience the greatest love there is.”

The White Spirit animals and their communities have come to prepare us, to encourage us, and to work with us during the coming decades of planetary change. Using telepathy is a vital way to collaborate with them. This skill is based on having empathy for all of life. Collectively, White Spirit animals are attempting to awaken in us a great love and reverence for the Earth we share with them, thus bringing us into telepathic rapport. 

WHITE SPIRIT BEAR IN THE
GREAT BEAR RAIN FOREST
IN BRITISH COLUMBIA,
by Charlie Russell



MEET THE AUTHOR

ZOHARA M. HIERONIMUS, D.H.L., is an award-winning radio broadcaster, author, and social justice, environmental and animal activist. She has been called a visionary and futurist and is as well, a trans-species telepath who communicates with animals both wild and domestic. Zohara is well known as a holistic health care pioneer, founding the Ruscombe Mansion Community Health Center in Baltimore, the oldest free standing out-patient integrative center in America, (1984- present.) She is also a broadcasting personality, hosting numerous radio shows over the past 30 years, continuing with her husband Dr. Bob to host *21st Century Radio* since its founding in 1986. Her books include *The Future of Human Experience*, *Sanctuary of the Divine Presence: Hebraic Teachings on Initiation and Illumination*, and *Kabbalistic Teachings of the Female Prophets: The Seven Holy Women of Ancient Israel*.

On the web

www.whitespiritanimals.com



Bookshelf

WHITE SPIRIT ANIMALS: PROPHETS OF CHANGE BY J. ZOHARA MEYERHOFF HIERONIMUS, published by Bear & Company, illustrated Paperback (368 pages)